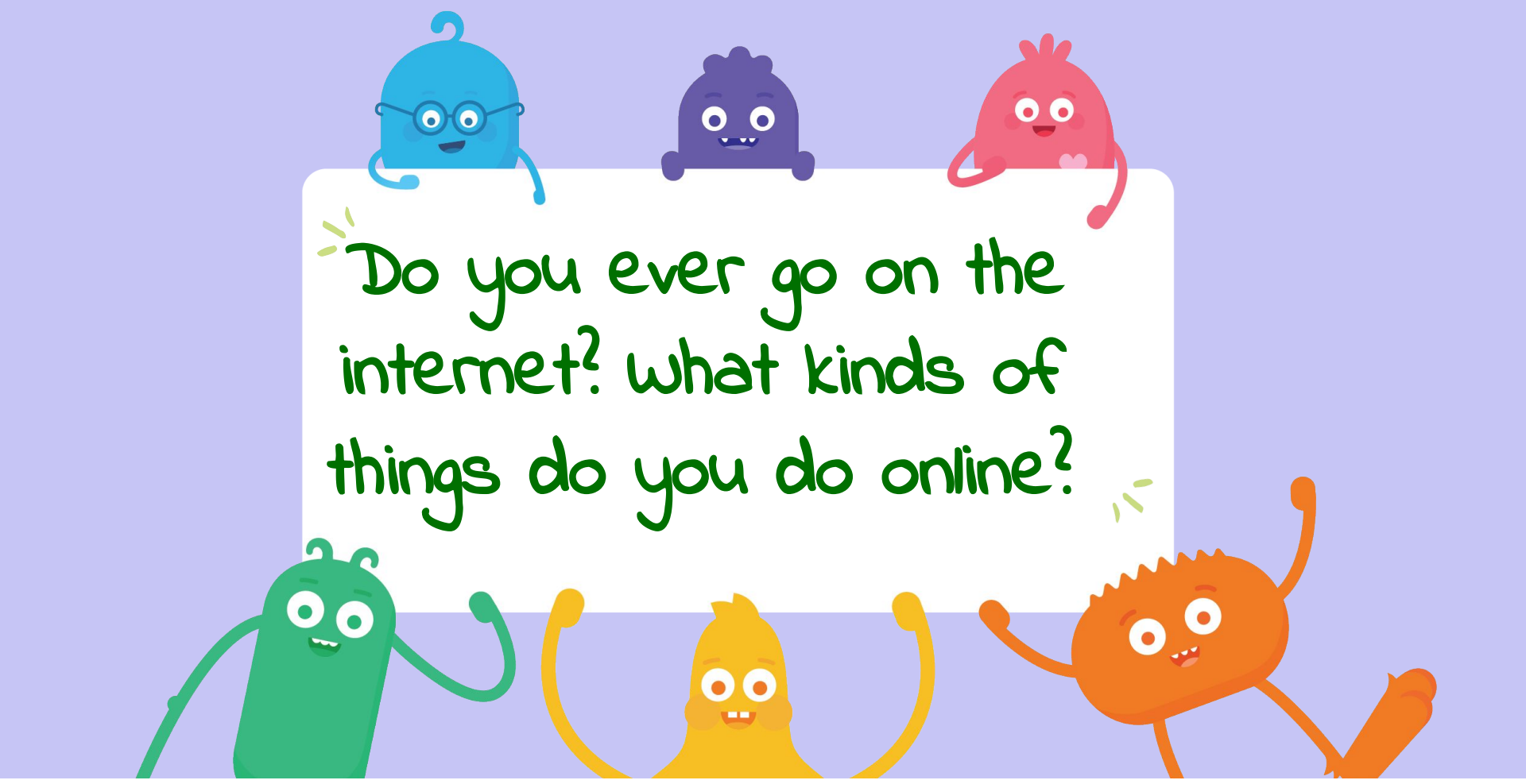
1ST GRADE DIGITAL CITIZENSHIP

PAUSE & THINK ONLINE

OBJECTIVES

By the end of this lesson, students will be able to:

- Understand the importance of being safe, responsible, and respectful online.
- Learn the "Pause & Think Online" song to remember basic digital citizenship concepts.



commonsense.org/education
Shareable with attribution for noncommercial use. Remixing is permitted.
common sense education®

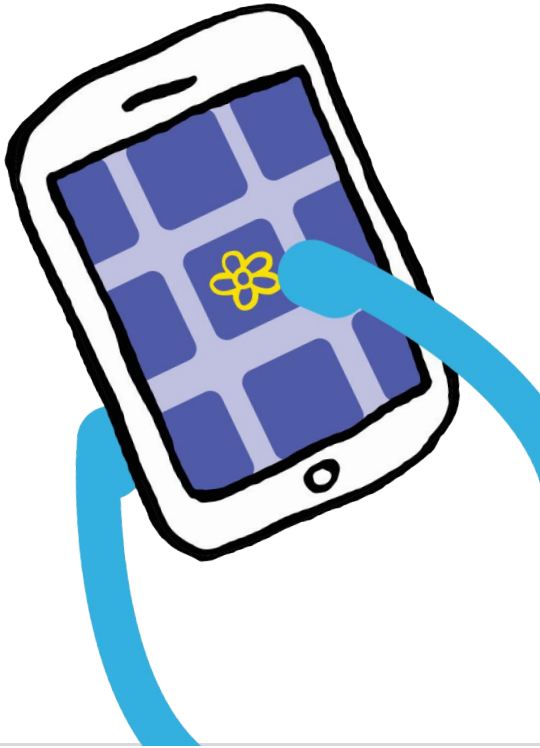
Lesson

cms
Charlotte-Mecklenburg Schools

KEY VOCABULARY

Online

Using a computer, phone, or tablet to visit a website or app

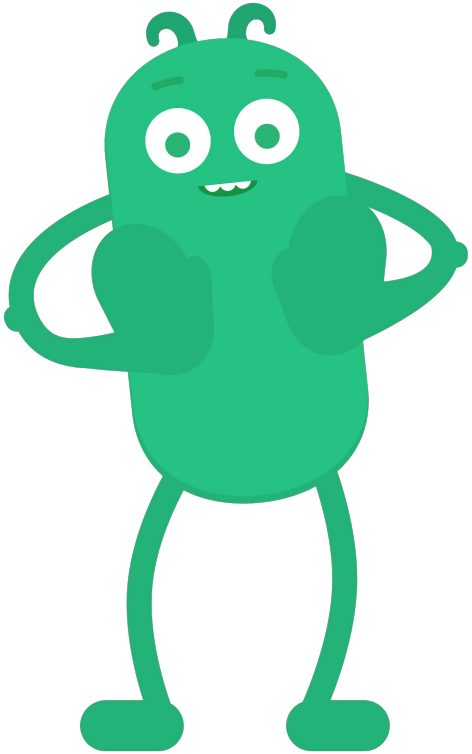


commonsense.org/education
Shareable with attribution for noncommercial use. Remixing is permitted.

KEY VOCABULARY

Pause

To stop what you're doing or saying



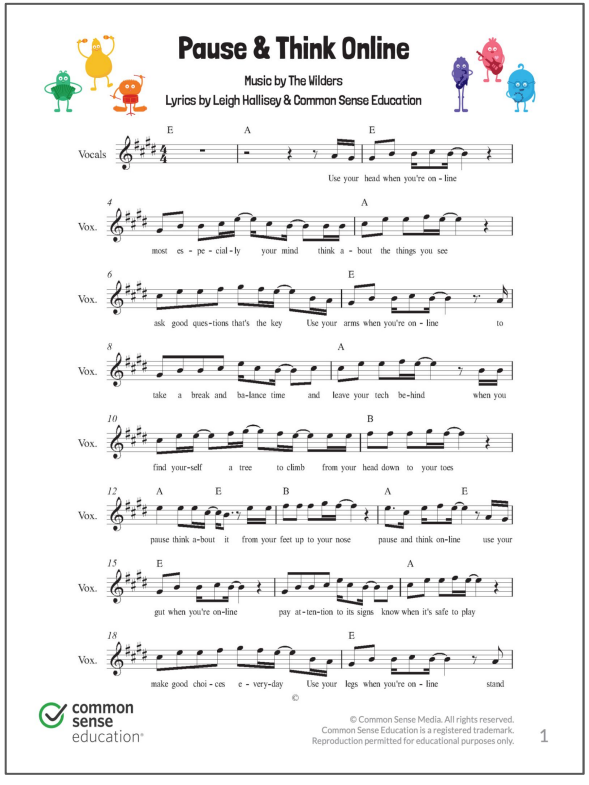
commonsense.org/education
Shareable with attribution for noncommercial use. Remixing is permitted.

WATCH

To watch this video on the Common Sense Education site, click here.

commonsense.org/education
Shareable with attribution for noncommercial use. Remixing is permitted.
common sense education

SING ALONG



Pause & Think Online

Music by The Wilders

Lyrics by Leigh Hallisey & Common Sense Education

Vocals: E A E — Use your head when you're on - line

4 Vox.: A — most es - pe - cial - ly your mind think a - bout the things you see

6 Vox.: E — ask good ques - tions that's the key Use your arms when you're on - line to

8 Vox.: A — take a break and ba - lance time and leave your tech be - hind when you

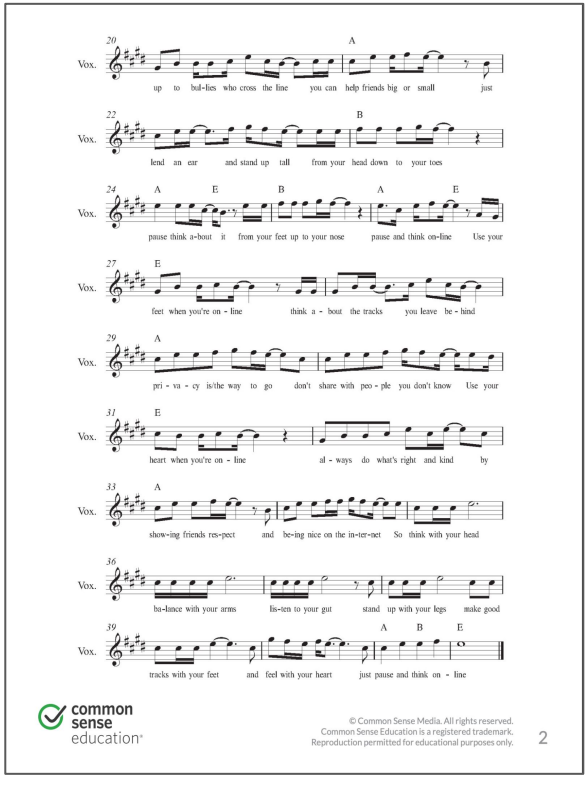
10 Vox.: B — find your - self a tree to climb from your head down to your toes

12 Vox.: A E B A E — pause think a - bout it from your feet up to your nose pause and think on - line use your

15 Vox.: E A — gut when you're on - line pay at - ten - tion to its signs know when it's safe to play

18 Vox.: E — make good choi - ces e - very - day Use your legs when you're on - line stand

© Common Sense Media. All rights reserved.
Common Sense Education is a registered trademark.
Reproduction permitted for educational purposes only.



20 Vox.: A — up to bul - lies who cross the line you can help friends big or small just

22 Vox.: B — lend an ear and stand up tall from your head down to your toes

24 Vox.: A E B A E — pause think a - bout it from your feet up to your nose pause and think on - line Use your

27 Vox.: E — feet when you're on - line think a - bout the tracks you leave be - hind

29 Vox.: A — pri - va - cy is/the way to go don't share with peo - ple you don't know Use your

31 Vox.: E — heart when you're on - line al - ways do what's right and kind by

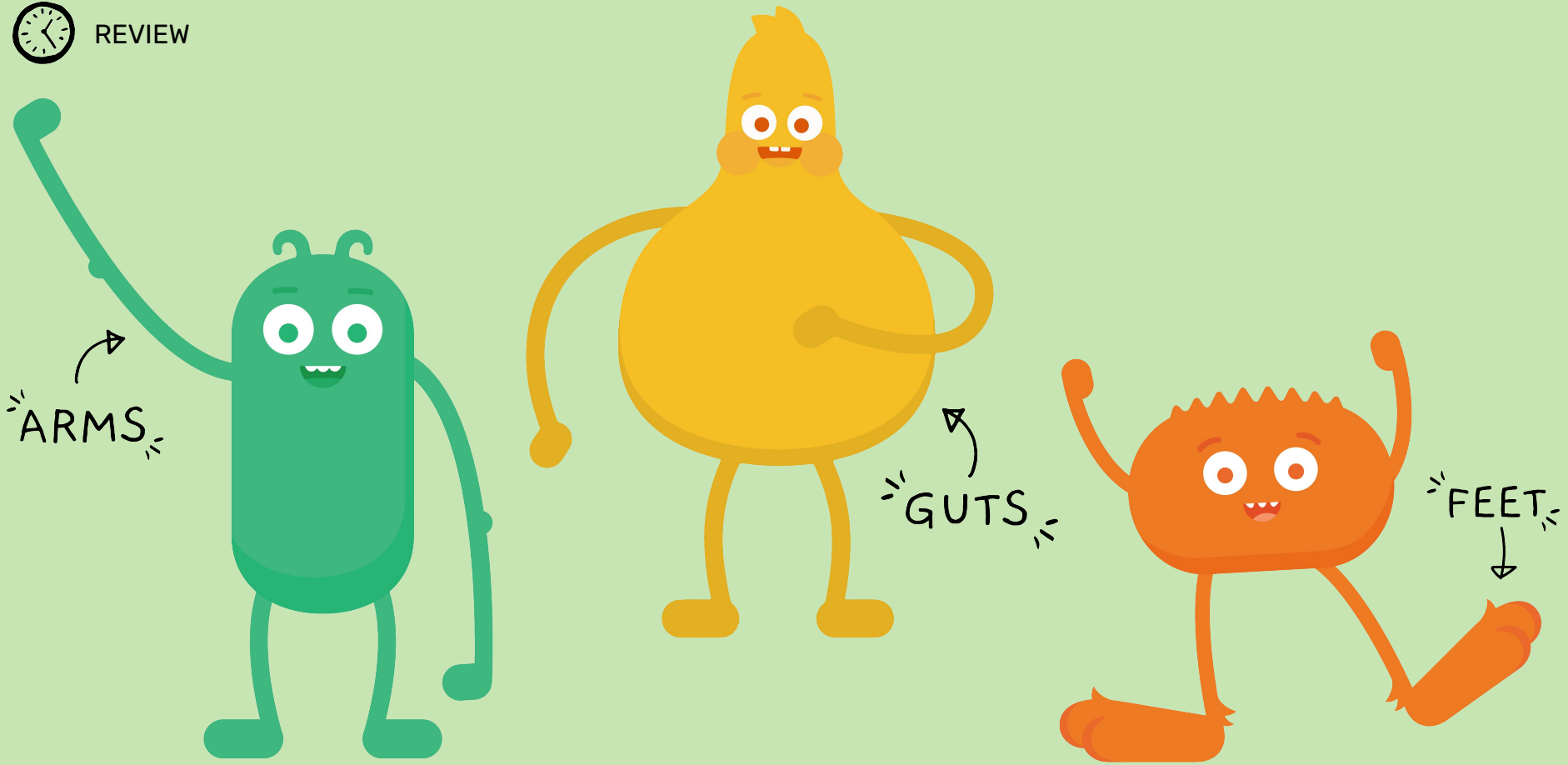
33 Vox.: A — show - ing friends res - pect and be - ing nice on the in - ter - net So think with your head

36 Vox.: ba - lance with your arms lis - ten to your gut stand up with your legs make good

39 Vox.: A B E — tracks with your feet and feel with your heart just pause and think on - line

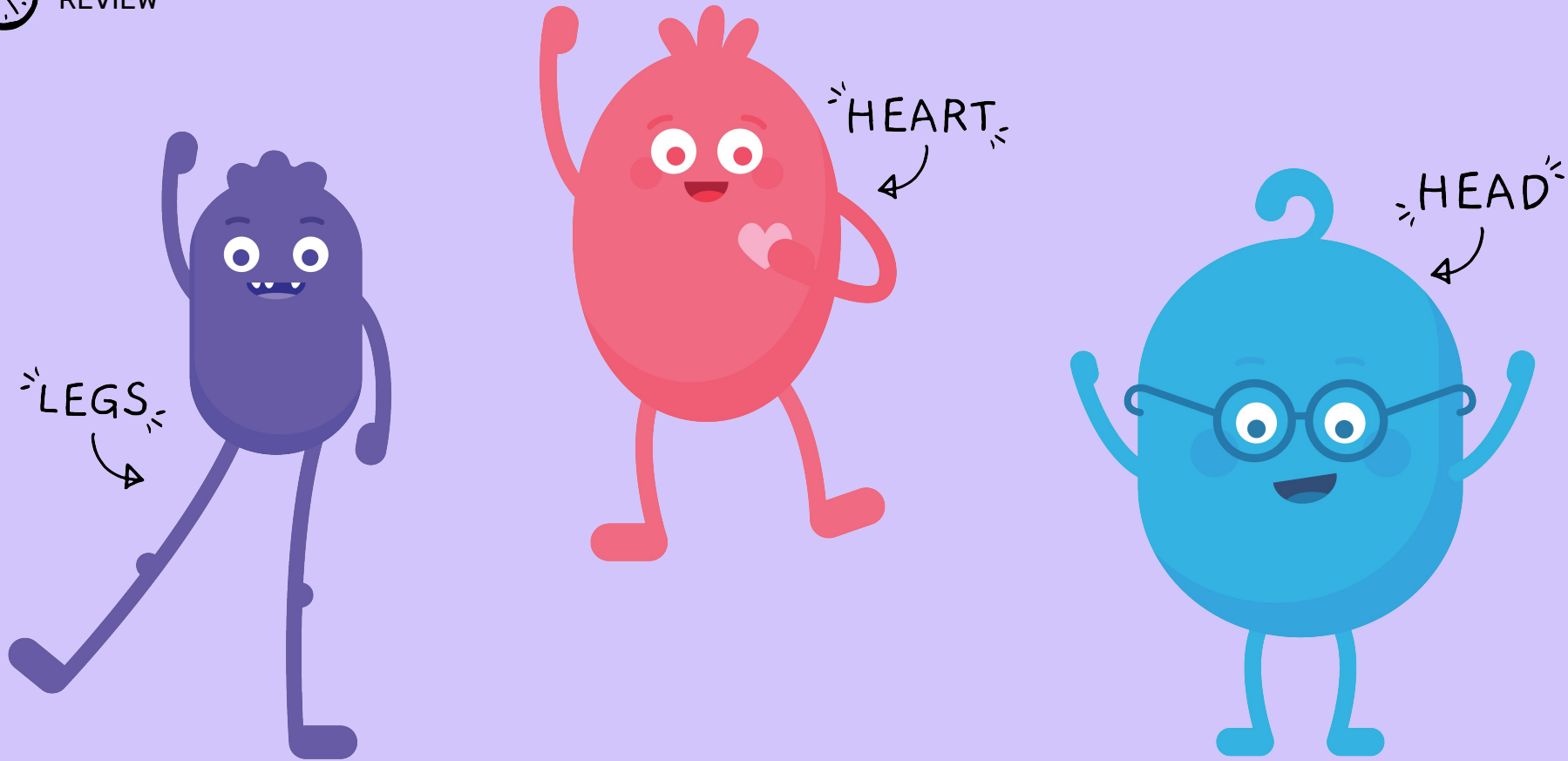
© Common Sense Media. All rights reserved.
Common Sense Education is a registered trademark.
Reproduction permitted for educational purposes only.

REVIEW



commonsense.org/education
Shareable with attribution for noncommercial use. Remixing is permitted.
common sense education®

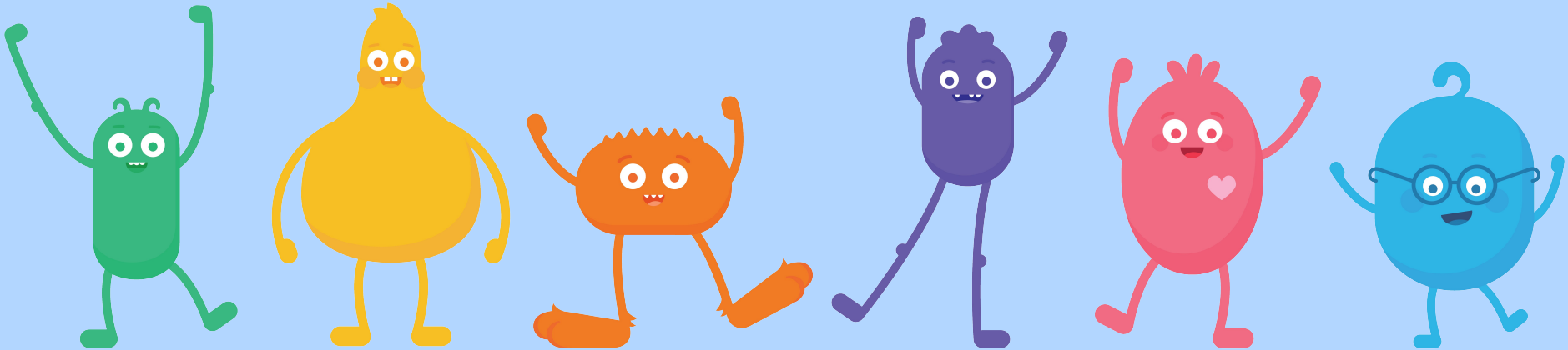
REVIEW



commonsense.org/education
Shareable with attribution for noncommercial use. Remixing is permitted.
common sense education®

PAIR-SHARE

Which character do you relate to the most when you go online?



commonsense.org/education
Shareable with attribution for noncommercial use. Remixing is permitted.

common sense education

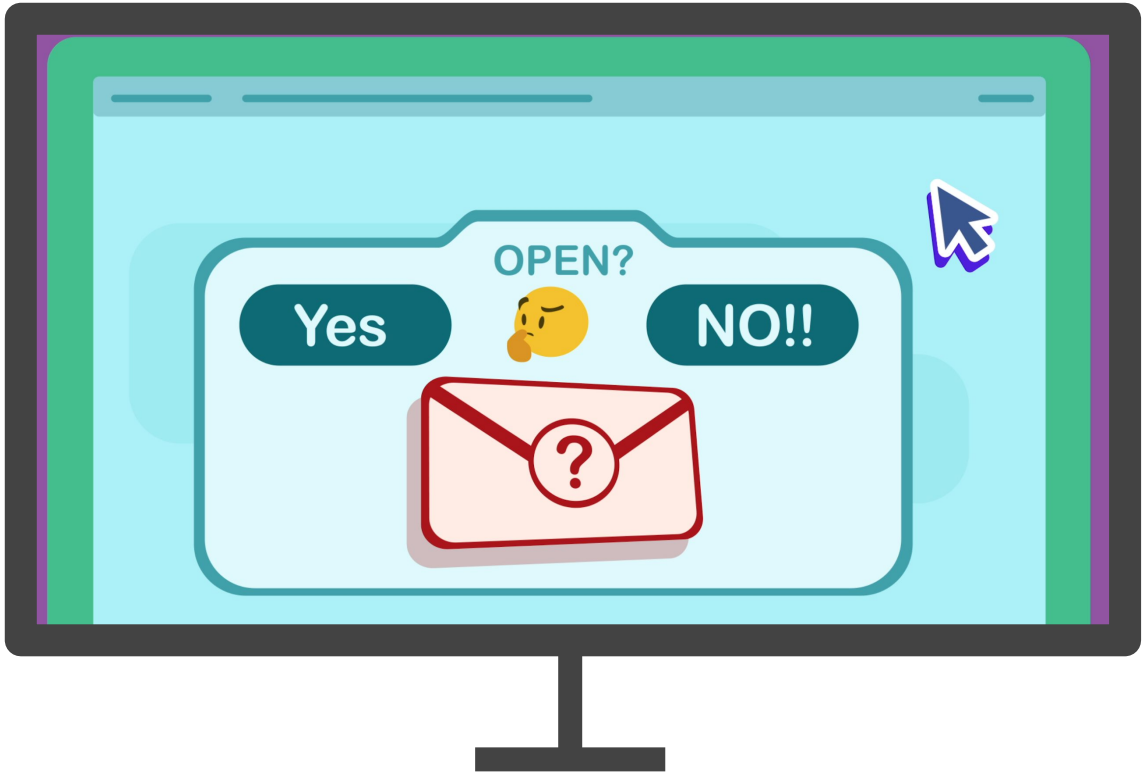
Do you believe everything you see on the internet?

commonsense.org/education
Shareable with attribution for noncommercial use. Remixing is permitted.
common sense education

Why should we take a break from technology sometimes?

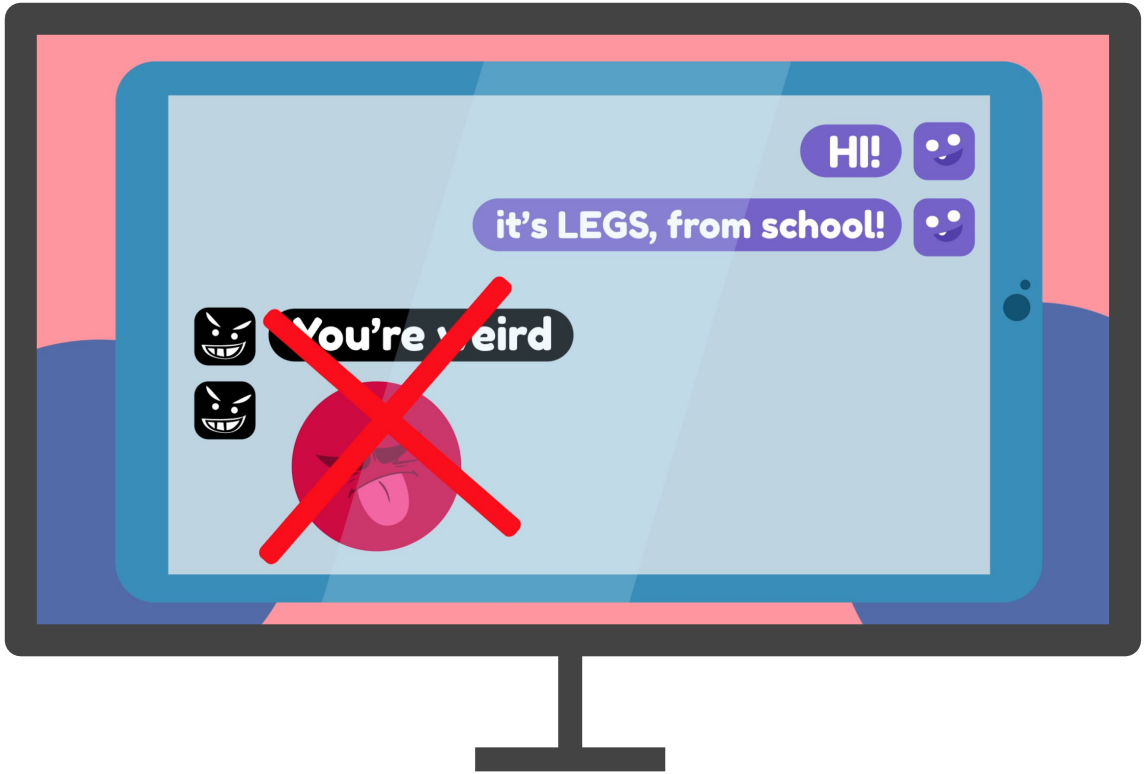
commonsense.org/education
Shareable with attribution for noncommercial use. Remixing is permitted.
common sense education®

Why shouldn't you open a message from someone you don’t know?



commonsense.org/education
Shareable with attribution for noncommercial use. Remixing is permitted.
common sense education®

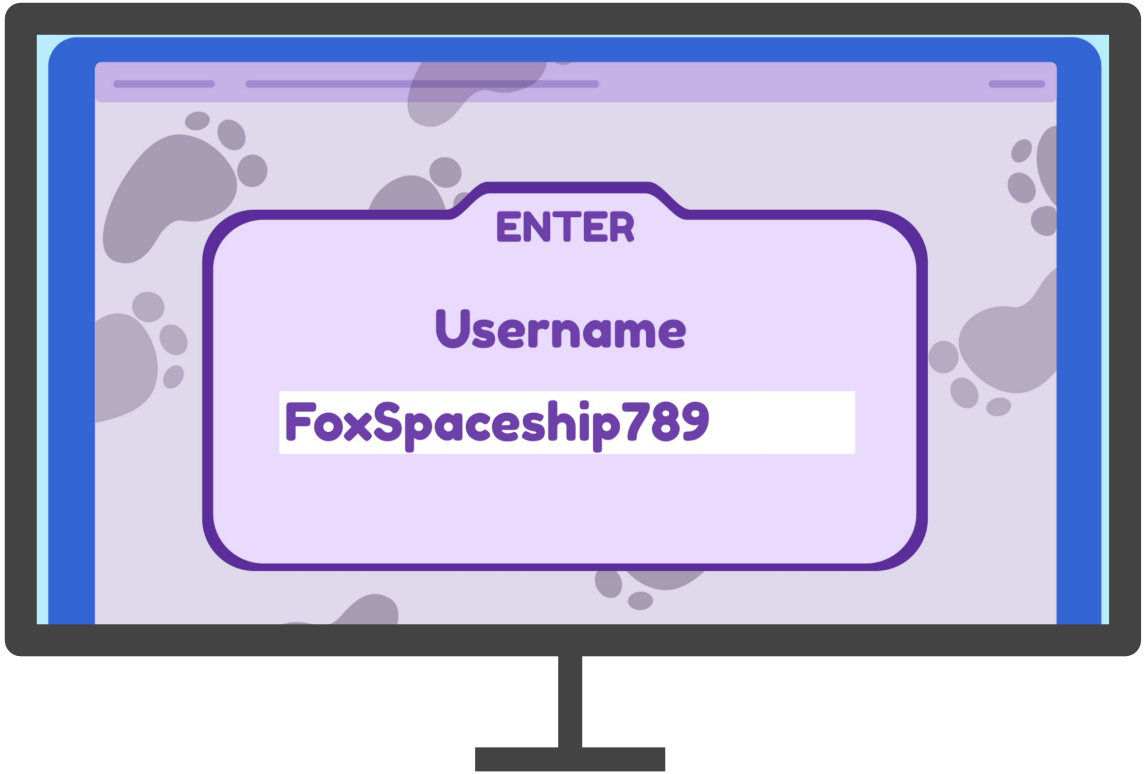
Why is it important to be kind online?



commonsense.org/education
Shareable with attribution for noncommercial use. Remixing is permitted.
common sense education®

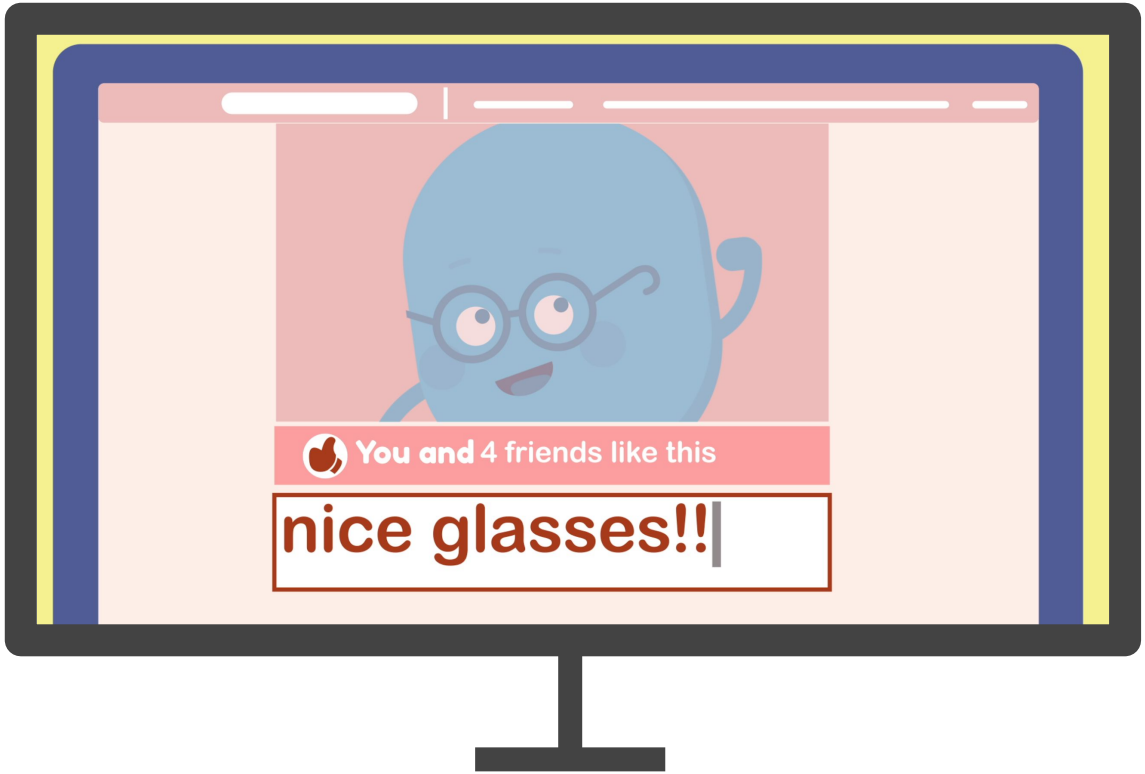
PAIR-SHARE

Why shouldn't you share your username and password with other people?



commonsense.org/education
Shareable with attribution for noncommercial use. Remixing is permitted.
common sense education

How do you communicate with friends and family online?



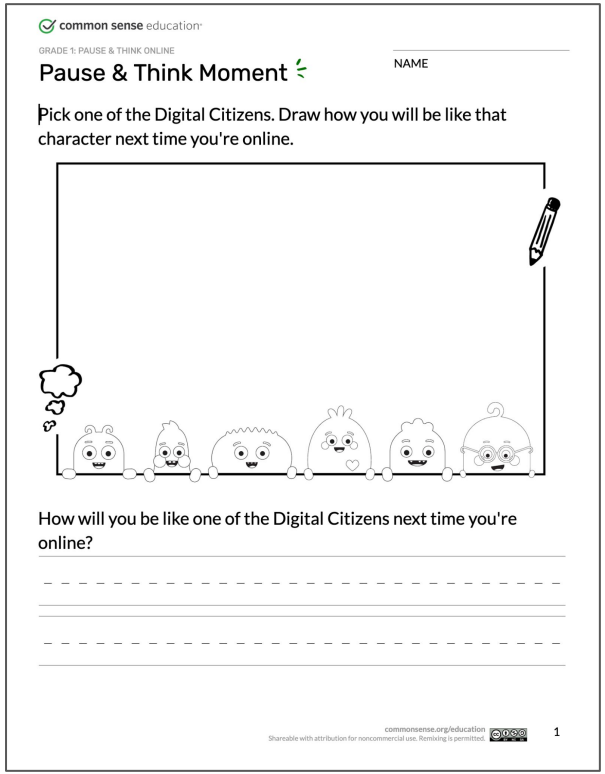
commonsense.org/education
Shareable with attribution for noncommercial use. Remixing is permitted.
common sense education

Lesson Activities

PAUSE & THINK MOMENT

Directions

1. Pick one of the Digital Citizens. Draw how you will be like that character next time you're online.
2. How will you be like one of the Digital Citizens next time you're online?



common sense education

GRADE 1: PAUSE & THINK ONLINE

Pause & Think Moment

NAME

Pick one of the Digital Citizens. Draw how you will be like that character next time you're online.

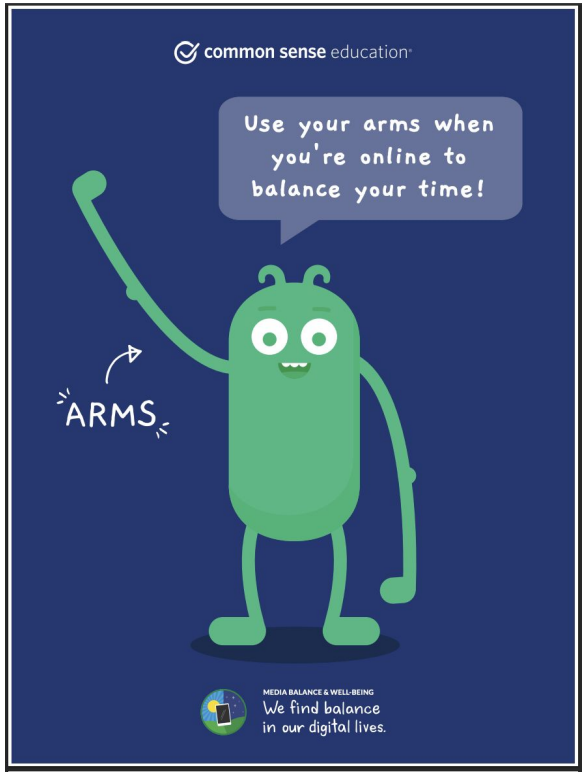
How will you be like one of the Digital Citizens next time you're online?

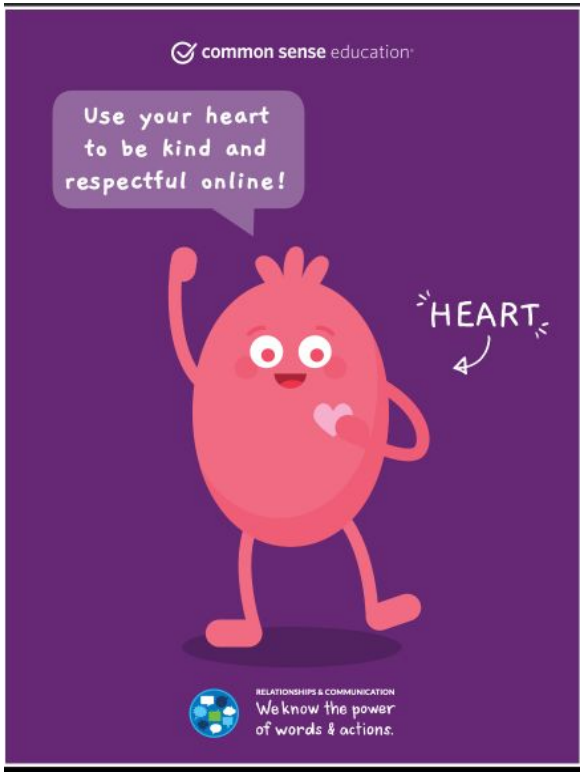
commonsense.org/education

Shareable with attribution for noncommercial use. Remixing is permitted.

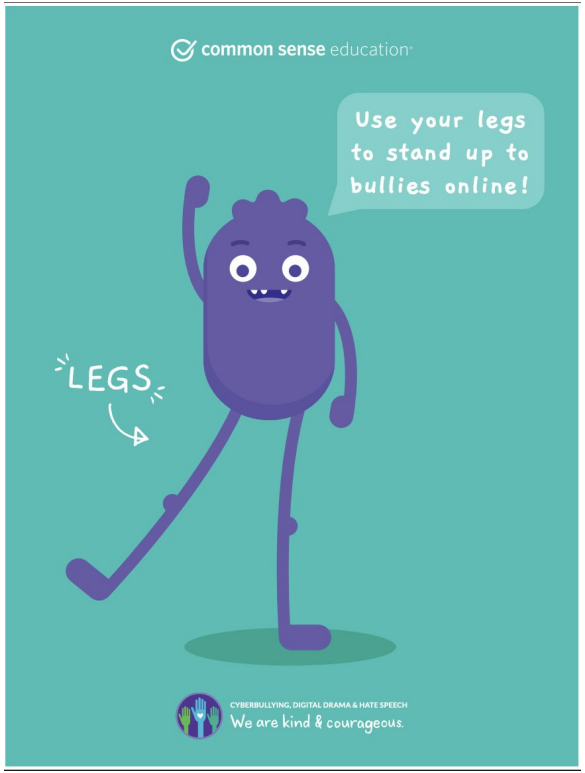
1

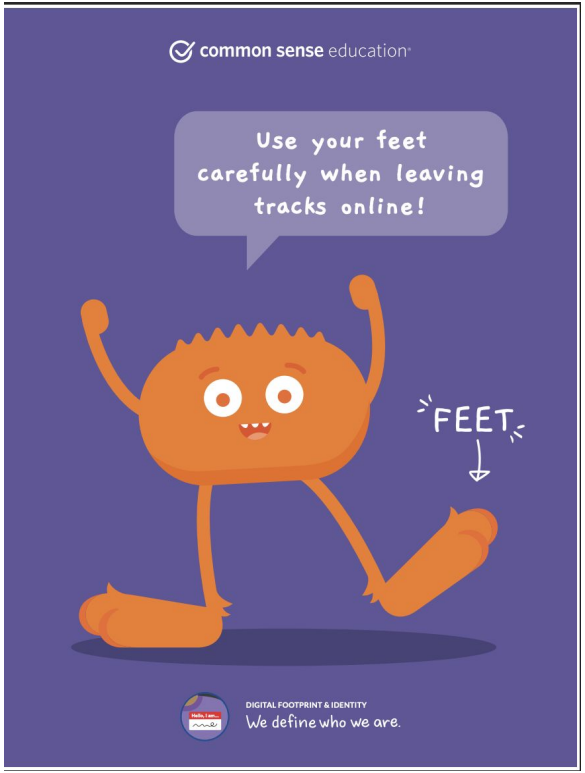
DIGITAL CITIZEN CHARACTERS

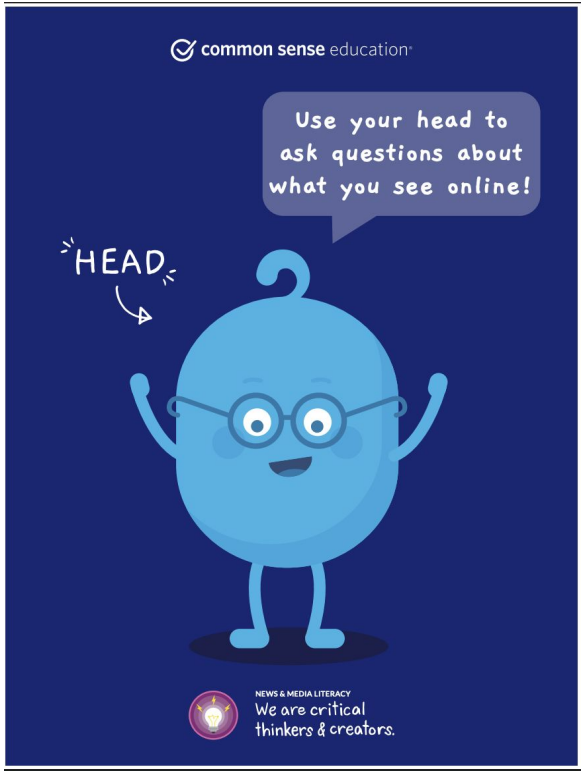




DIGITAL CITIZEN CHARACTERS





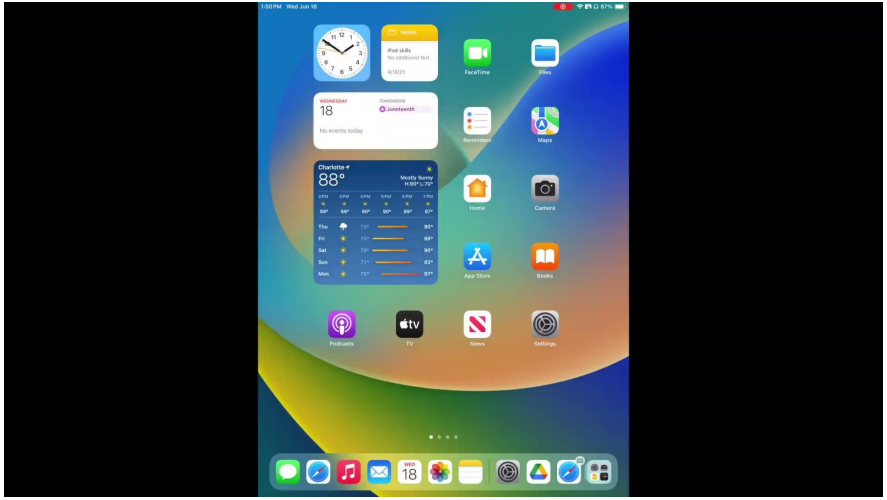


Lesson Extension

BOOK CREATOR

Directions

1. Open the camera app.
2. Scan the QR code to open the e-book.
3. Read or listen to the interactive e-book for this lesson.



BOOK CREATOR

Pause & Think Online
Common Sense Education

Family Activity

FAMILY ACTIVITY

GRADE 1: DIGITAL CITIZENSHIP FAMILY ACTIVITY

Pause & Think Online

There are lots of things to think about when it comes to being a responsible digital citizen. At school your kid is learning all about it, and now they can show you what they know! They're learning to ...

- Pause and think before searching, clicking, or sharing.
- Be kind online.
- Find balance using media and tech.
- Pay attention to their feelings to make sure they feel safe and know when to stop.
- Stand up to online bullies.
- Carefully choose the digital footprints — like posts, pictures, and comments — they leave behind.

Check out the music video featuring our favorite digital citizenship friends!
Watch it together (turn on captions so you can see the lyrics), and sing along!
https://www.commonsense.org/education/videos/pause-think-online

Now talk about this together:

1. What was your favorite part of the song? Why?
2. What's your favorite character? Why?
3. What are some ways you can do what your favorite character does?
4. What could be hard about it, and how would you keep going anyway?

commonsense.org/education
Shareable with attribution for noncommercial use. Remixing is permitted.

EDUCATIONAL TECHNOLOGY SUPPORT TEAM

Rebecca Lehtinen
Executive Director, Educational Technology
rebeccaj.lehtinen@cms.k12.nc.us

Melody Lam
Program Manager, Technology Services
melodyc.lam@cms.k12.nc.us

Ashley Erb
Senior Manager, Educational Technology
ashleyp.erb@cms.k12.nc.us

Kristen Churchill
Support Manager, Educational Technology
kristen1.churchill@cms.k12.nc.us

Karen DeSantis
Support Manager, Educational Technology
karend.desantis@cms.k12.nc.us